

Music By Marcey – Notes for Traders

Inward Harmony

Use most of the time for trading
Good to use while sleeping
Trading Balancer
Alternate as needed with Innocence, Z, and Anthem to Soul

Z

Use for trading
Helps get rid of fear of pulling the trigger.
Helps you let go and trust your right brain, which can be a big step.
Good to play during sleep and/or trading
Alternate with Inward Harmony, Innocence, Anthem To Soul

Innocence

Use for trading
Trust
Trust your intuition
Helps you to trust your right brain actions
Can alternate with Inward Harmony, Z, Anthem To Soul

Anthem to Soul

Use for trading
Helps purge blocks
Use carefully and in moderation with Inward Harmony, Z, Innocence

Dream Partner

Don't use for trading
Relationships
Love who you are
Helps strengthen your self-image
Play anytime when not trading

Maitreya

Don't use for trading
Happiness
This is great after trading
Play anytime when not trading

Celestial Dance

Don't use for trading
Use for innovation & creativity
Play anytime when not trading

If any one of these upsets you, stop listening to it for a couple of weeks while you heal by listening to the other CDs (especially Inward Harmony (which is the main healing CD))